Academy of Notre Dame Athletics Department

2019-2020
Notre Dame Athletic Dept.

Agenda

- Welcome & Introductions
- Athletic Department Mission Statement
- Department Goals & Objectives
- Department Guidelines - Athletic Handbook
- General Information & Key Reminders
- Karen Fox - Athletic Trainer
- Tomkins Insurance Agency - Presentation
- Q & A
- Team Room Assignments
## Notre Dame Athletic Dept.

### Department Staff

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<tr>
<th>Role</th>
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Mission Statement

The Academy of Notre Dame Athletics Department embraces the philosophy that competitive athletic programs should balance the excellent academic traditions of the school. Our athletic program aims to develop self-discipline, loyalty, pride, teamwork, cooperation and respect for others.

The primary goal of our athletic program is to contribute in a meaningful way to the education of the whole student, by leading students to a better understanding of themselves and others through experiences on & off the field.
16 Sports, comprising of 43 Teams, over entire school year.

Fall Sports: Crew/ Cross Country / Field Hockey / Soccer / Tennis / Volleyball

Winter Sports: Basketball / Crew Conditioning / Indoor Track / Paddle Tennis / Swimming

Spring Sports: Crew / Fencing (Club) / Golf / Lacrosse / Sailing (Club) / Softball / Track & Field

Interesting Facts:

7 out of 10 Notre Dame Students play a sports

60% of those students play more than 1 sports
Goals & Objectives

- Organize and conduct a comprehensive interscholastic athletic program that meets the needs & interests of the student body.

- Ensure that athletic programs compliment and support the school’s educational mission.

- Establish and enforce appropriate standards of conduct for athletes, coaches, parents, and other spectators.

- Contribute to the overall development of our student athletes through participation in our athletic programs.
Notre Dame Athletic Dept.

Athletic Department Key Guidelines (see separate sheet):

- Academics
- Attendance
- Communication Policy
- Fitzgerald House @ Launfal
- Paperwork
- Playing Time
- Sportsmanship
- Transportation
- Uniforms
- Varsity / JV / JVB

- Refer to the Parent-Athlete Handbook, located on the school website (ND website / Athletic Dept / Parent Information tab)
- Middle School - Code of Conduct Contract - New for 2019-20
General Information

- The Academy of Notre Dame is a member of the InterAc League of schools (both HS and MS), and the Catholic Academies League for MS.

- Athletic Department Hotline number is: 610-971-4905 (follow prompts)

- “Impact” concussion testing is given to all students and student-athletes. The baseline test is good for two (2) years. New baseline tests needed for student athletes are typically done during pre-season.

- All students are required to take and pass an online Concussion and Cardiac test in order for them to participate. The test is good for one school year.

- The Athletic Training Room, for spring sports, is located in Launfal (end room closest to the mansion).
Key Reminders

- Open your account on the Athletic Department Registration Site, and complete the required information.
  - [http://ndapaathletics.sportngin.com](http://ndapaathletics.sportngin.com)

- Athletic fees should be paid online before start of the season.
  - ND website (www.ndapa.org), then to Athletics page, and “2018-2019 Athletic Fee”
  - Athletic fee payment is required for participation (including pre-season)

- Participation requires having a valid physical on file with the athletic department (includes pre-season).
  - Turn forms in to the athletic department.
Notre Dame Athletic Dept.

Nutritionist - Kelly Jones

When - Thursday Aug 22nd @ 9.30-11.30am
Where - AW Gym
Who - All HS Student Athletes

https://www.kellyjonesnutrition.com/
Questions
Rooms for tonight:

HS Field Hockey - H101
HS Cross County -
HS Tennis - Library
HS Soccer - H102
HS Volleyball -
MS Sports - Cuvilly Gym