



# ACADEMY *of* NOTRE DAME *de* NAMUR

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INSPIRING YOUNG WOMEN  
SINCE 1856

## **Sports Physical Policy**

**\*High School and Junior School Sports** – Any student who plans to attend a Notre Dame sports camp or try out for an athletic team must have a current (within 12 months) physical on the Notre Dame sports physical form located on the school website under athletics.

\* Completed physical forms may be mailed to the Academy of Notre Dame, Attention: School Nurse, or be brought to school and handed in to the Athletic Director, Assistant Athletic Director, or coach.

**\*Subsequent sports in the same school year:** Athletes seeking to participate in a second season of sports within the same school year must complete Section 7 “Recert by Parent or Guardian” which is located on the Online Registration Website for Athletics

\* Physicals are valid for twelve months

**No one will be permitted to try out or participate unless a current completed physical form is on file at Notre Dame.**

Questions or concerns contact:

Athletic Director: Ben Davey

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610-971-4905