

**ATI Physical Therapy** is the proud provider of Athletic Training Services for the **Academy of Notre Dame**. My name is Karen Fox and I would like to introduce myself as the Certified Athletic Trainer for the Academy of Notre Dame for the thirteenth year.

### **Contact Information**

Please feel free to contact me with any questions or concerns you may have regarding the care of your student athlete. My cell phone is the best way to get a hold of me.

Cell Phone: 610-613-2866

Email: [Karen.Fox@atipt.com](mailto:Karen.Fox@atipt.com)

### **Reporting Injuries**

It is very important that **ALL** injuries, whether they occur at a team practice or game (home or away), get reported to me as soon as possible. The resources I have available in the athletic training room and through my employment with ATI are designed to get the athletes the best and quickest care available. In addition to evaluations performed by me, I have the ability to schedule appointments with some of the area's top orthopedic and sports medicine doctors within 24-48 hours. ATI offers injury screenings provided by ATI physical therapists: the injury screenings are **FREE** to you and are available at all ATI locations. Please contact me or the clinic director so we can set up a screen at your convenience. **Any time an athlete seeks care from a physician for an athletic injury, that athlete may not return to play until I have a written note from the physician releasing the athlete back to full participation. There is no exception to this rule. Parent notes are unacceptable.**

If an athlete exhibits any signs, symptoms, or behaviors consistent with a concussion, the athlete shall immediately be removed from all physical activity, including sports and recreation and evaluated by the Athletic Trainer. Once an athlete no longer exhibits signs, symptoms, or behaviors of a concussion **and has been cleared to return to activity by a health-care professional, MD or DO**, she will need to complete a step-wise five day return to play progression under the supervision of the athletic trainer before return to full participation.

### **Team Physician**

Please feel free to go to any doctor of your choosing, but I would like to introduce our team physician for the 2021-2022 school year, John D Kelly IV, M.D. Dr. Kelly is an associate professor of clinical orthopedic surgery at the University of Pennsylvania and he has office locations in Radnor (**610-902-5700**) and Valley Forge (**610-576-7700**). Dr. Kelly is in his Radnor office every Friday and Valley Forge every Monday for appointments. If an athlete needs to be seen sooner we can work to accommodate you.

### **Training Room Hours**

I will arrive on campus daily between 10:00 and 11:00 AM and remain until practices and games are finished. I also strongly urge you to take advantage of the free injury screens offered by ATI.

**ATI Physical Therapy – Springfield**  
Director: Anthony Gagliardi  
779 W. Sproul Road  
Springfield, PA 19064  
484-470-2150

**ATI Physical Therapy – Newtown Square**  
Director: Phil Beninato  
20 N. Newtown Street Road  
Newtown Square, PA 19073  
484-420-2680